

Maritime Conservatory Dance Schedule 2018-2019

Monday																													
Day Classes	7A				7B				Concert Hall				Studio 6				Studio 16												
									9:30-10:30	Pilates Class	KD		9:30:11	TTP - PED102	JW														
									10:30-12:00	Professional Jazz classes	KD		11:00-12:00	TTP - PED104	JW														
	1:00-2:00	Adult Ballet Barre	SH						12:30-2:30	Upper level 5	DR																		
									2:30 - 3:30	Modern 6	JM		3:30-4:15	Dancers Conditioning	JM														
Evening Classes	7A				7B				Concert Hall				Studio 6				Studio 16												
	4:00-5:30	Lower School 7	VW						4:00 - 5:30	Upper Level 2/3	DR		4:30 -5:30	Modern 2	JM														
	5:30 - 6:45	Lower School 5	VW	5:30 - 7:00	Upper Level 4	DR						5:30 - 6:30	Modern 3	JM															
	6:45 - 8:15	Lower School 6	VW	7:00 - 8:30	Upper Level 1	DR						7:00 -8:15	Modern 5	JM															
Tuesday																													
Day Classes	7A				7B				Concert Hall				Studio 6																
	10:30 -11:30	TTP-Ped 105	DR						11:00-12:00	Let's Move-Adult Modern	SH																		
									12:30-2:00	Upper level 5	JW																		
									2:00 - 3:00	Pointe 5	JW																		
Evening Classes	7A				7B				Concert Hall				Studio 6				Studio 16												
	4:00-6:00	Upper Level 3	JW	4:00-5:00	Modern 1	KD			3:45-4:30	Yoga	SaH		3:00-3:45	ECMP 3	AC	3:45-4:30	ECMP 4	TBA											
	6:00-7:30	Upper Level 2	JW	5:00-6:15	Jazz 4	KD			4:30 - 5:45	Lower School 4	VW		3:45-4:30	Lower School 1	AC	4:30-5:15	Pre-Jazz	TBA											
	7:30-8:30	Variations	JW	6:15-7:15	Jazz 2	KD			5:45 - 7:00	Lower School 6	VW		4:30-5:15	JUMP 5	AC														
				7:15-8:15	Jazz 3	KD			7:15 - 8:45	Lower School 7	VW		5:15-6:15	Lower School 2	AC														
													6:15-7:15	Body Basics	AC														
													7:30-9:00	Upper Level 4	AC														
Wednesday																													
Daytime Classes	7A				7B				Concert Hall				Studio 6				Studio 16												
									9:30-10:30	Pilates Class	KD																		
									10:30-12:00	Professional Jazz classes	KD																		
									12:30-2:30	Upper level 5	JW		12:30 - 1:30	TTP - Anatomy 101	JM														
									2:30-4:00	Workshop Pro levels																			
Evening Classes	7A				7B				Concert Hall				Studio 6																
	5:00-6:30	Upper Level 3	DR						4:00-5:00	Dancers Conditioning	JM																		
	6:30-7:15	Pointe 3	DR						5:00-6:30	Upper Level 2	JW		5:00 - 6:30	Upper Level 1	AC														
									6:30-7:15	Pointe 2	JW		6:30-7:15	Pointe 1	AC														
									7:30 - 9:00	Children's Production Rehearsals	DR/AC/VW																		
Thursday																													
Daytime Classes	7A				7B				Concert Hall				Studio 6				Studio 16												
									1:00 - 2:00	Adult Ballet Level 2	AD																		
									2:00 - 3:00	Older Adult Ballet 60+	AD																		
Evening Classes	7A				7B				Concert Hall																				
	3:00 - 4:30	Upper Level 5	JB						4:00-5:00	Character 1	EL		4:00 - 5:00	Acrobatics 3	MZ	4:00 - 5:00	Boy's Mov'in	NN											
	4:30 - 5:15	Pointe 5	JB	3:30 - 5:00	Upper Level 2	AC			5:00 - 6:15	Character 2	EL		5:15 - 6:15	Acrobatics 1	MZ	5:15 - 6:15	Break Dance 1	NN											
	5:15 - 6:30	Lower School 4	JB	5:15 - 6:15	Lower School 3	AC			6:15-7:30	Character 3	EL		6:15 - 7:15	Acrobatics 2	MZ	6:15 - 7:15	Break Dance 2	NN											
	6:30 - 8:00	Lower School 7	JB	7:30 - 8:30	Adult Ballet	AC			7:30-9:00	Souvenir Dance Ensemble	EL		7:15 - 8:15	Body Basics	MZ														
	8:00 - 8:45	Pre-Pointe 2	JB																										

Friday																	
Daytime Classes	7A																
	12:30 - 1:30	TTP-PED 103	JB														
	1:30 - 2:30	TTP Seminars	JB														
Evening Classes	7A																
	4:00 - 5:30	Lower School 6	JB			TBA	4:00-6:00	Elem. Musical Theater			4:00 - 5:00	Modern 4	AL	5:00-6:00	Jr. Musical Theater Dance		
	5:30 - 6:15	Pre - Pointe 1	JB				6:00 - 8:00	Jr. Musical Theater			5:00 - 6:15	Modern Comp. 3/4	AL	6:00 - 7:00	Elem Musical Theater Dance		
	6:15 - 7:45	Upper Level 1	JB								6:15 - 7:15	Modern Comp 5	AL				
Saturday																	
Daytime Classes	7A																
							9:00-9:45	Lower School 1	AC		9:00-10:30	Upper Level 2/3	JB				
							9:45-10:30	ECMP 3	AC			9:45-10:30	JUMP 5	TBA	9:00 - 9:45	ECMP 4	TBA
							10:30-11:30	Body Basics	AC		10:30 - 12:00	Upper Level 5/3	JB		9:45 - 10:30	Pre-Jazz	TBA
	12:15 - 1:30	Lower School 5	JB				12:00-1:00	Lower School 2	AC			10:30-12:00	Jazz 5	KD			
	1:30 - 3:00	Upper Level 4	JB				1:00-2:15	Lower School 4	AC			12:15 - 1:00	Jazz Comp 5	KD			
	3:00 - 4:30	Upper Level 1	JB				2:15 - 3:15	Lower School 3	AC			1:00 - 2:00	Jazz 1	KD			
							3:15-4:00	Pointe 4	AC		4:30 - 6:00	Children's Production Rehearsals					

Level Overview

Ballet	ECMP	Pointe Classes	Modern	Modern Composition	Character	Jazz	Acro	Break Dance	Conditioning Programs
	ECMP 3								
	ECMP 4								
	JUMP								
									Boys mov'in class
Lower School 1						Pre-Jazz		Break Dance 1	
Lower School 2						Jazz 1			
Lower School 3			Modern 1		Character 1	Jazz 2		Break Dance 2	
Lower School 4							Acro 1		Body Basics and Yoga
Lower School 5			Modern 2			Jazz 3			"
Lower School 6		Pre - Pointe 1			Character 2		Acro 2		"
Lower School 7		Pre - Pointe 2	Modern 3	Modern Composition 3			Acro 3		"
Upper Level 1		Pointe 1				Jazz 4			Dancers Conditioning
Upper Level 2		Pointe 2	Modern 4	Modern Composition 4	Character 3	Jazz 5 & Jazz Composition 5			& Yoga
Upper Level 3		Pointe 3							"
Upper Level 4		Pointe 4	Modern 5	Modern Composition 5	Souvenir				"
Upper Level 5		Pointe 5	Modern 6	Modern Composition 6		Jazz 6 & Jazz Composition 6			"

New Level Names -	
New Level Names	Equivalent Old names
Lower School 1	Pre Primary
Lower School 2	Primary
Lower School 3	Grade 1
Lower School 4	Grade 2
Lower School 5	Grade 3
Lower School 6	Grade 4
Lower School 7	Grade 5

Instructors	
AC - Alexa Cherrett	MZ - Mallory Zwicker
AD - Annelies Diepeveen	NN - Nick Nguyen
BD - Barbara Dearborn	SaH - Sara Harrigan
DR - Diana Rutherford	SH - Sheilagh Hunt
EL - Elena Labartkava	VW - Vino Wijeratne
JB - Janet Bradbury	AL - Amanda LaRusic
JM - Jana MacGregor	
JW - Jane Wooding	
KD - Kathleen Doherty	

Dance Level Guidelines

- * To ensure proper technique and strength are developed for our students, we are asking that all Level 2 and higher in Modern, Jazz, Acro and Character Dance students, who are not already enrolled in ballet class must take a Body Basics Technique class to accompany their enrolment in these classes.
- * Beginner Ballet Students after the age of 8 must start in a Body Basic technique class.
- * Students enrolled in Lower School 3 Ballet and up are required to enroll in a minimum of 2 ballet classes a week.
- * Enrolment into all level of Pointe classes, students are required to be taking a minimum of 2 ballet technique classes a week. **Enrolment in pointe classes is by recommendation only.**
- * Students enrolling in a composition class must also enroll in another class of that dance genre.
- ** To be considered for an exam, students must be enrolled in a minimum of 2 syllabus ballet classes at the exam level they are pursuing. Upper level exam candidates are required to be enrolled in a minimum of 3 dance classes a week.
- *** Classes during the March Break may be required for exam participation.